

2025-2026 RULES MATRIX

	HS boys HS girls	7, 8 boys 7/8 girls	5, 6 boys 5/6 girls	3,4 boys ⁽³⁾ 3/4 girls ⁽³⁾
game time	10 min/qtr running time (1)(2)	10 min/qtr running time (1)(2)	10 min/qtr running time (1)(2)	9 min run (1)(2)
timeouts	two 60's/half	two 60's/half	two 60's/half	two 60's/half
OT	none	none	none	none
OT timeouts	n/a	n/a	n/a	n/a
backcourt defense	yes unless 15 pt. lead	yes unless 15 pt. lead	yes unless 15 pt. lead	none
zone defense	allowed	allowed	allowed	no zone
3 pointer	HS distance	HS distance	HS distance	HS distance
free throw line	standard	standard	5/6 girls & 5 boys 2 ft short, 6th boys std distance	4 feet short
basket height	10 ft	10 ft	10 ft	9 ft
ball size	boys 29.5", girls 28.5"	boys 29.5", girls 28.5"	28.5"	27.5"

Notes:

1. Clock will stop during free throws
2. Stop clock timing last 2 minutes of game if score differential <10 pts
3. 3rd and 4th grade allowed up to 5 seconds in the key and no 5 second closely guarded calls will be made